

Emmaus Epistle

Do your days go so fast you don't have time to process what has happened? And then at some time later, perhaps days or weeks, you look back and wonder how you got into the mess you're in? I know I have.

I was reading today in the book "*Night Wrestling*", by Leslie Williams, and the author used an analogy of her daily life as a day spent taking photos. At the end of the day her body demanded that she take some time to sort through the day's events. "Instead of falling asleep from exhaustion, though her body craved rest, her mind forced her to sift through the day, evaluating, understanding, coming to terms with the events and encounters."

"For those seeking to deepen our lives in Christ, to bring all of our lives before him, reflection is necessary. To carry the analogy further, we must sit with Him in a garden of solitude, showing Him the snapshots of our daily lives and discussing them with Him, asking what they mean, what He wants to show us."

Perhaps this is what Psalmist meant when he wrote "Be still and know that I am God." Psalm 46:10. Take time each day for reflection; for conversation with the Father.

DeColores and
Peace and blessings to you all,
Dave

Ding's A Peel

For the October Beachside Cluster meeting, I have been asked by other local Ft Walton/Destin/Niceville/Mary Ester, Shalimar clusters to come to you with an idea about a roughly monthly, combined area cluster meetings. Actually it would be eight times per year and would be scheduled about a week or so after a Walk/Chrysalis/Journey event. We would ask to make a special effort to have the new Pilgrims/Butterflies attend this combined meeting.

The "sponsoring" cluster would be responsible to arranging for a Music Team, 4th Speaker, a pot-luck supper, and the conduct of meeting. It should be such that if all Clusters agree to this idea, no Cluster should draw the "sponsor" duty more than once per year.

Let's talk about this at our October Cluster meeting.

FwX, (Fly with Christ),
Trash

Upcoming Walks and Flights

† *Flight 75 (Girls')*
Nov 12 – 15, 2009

† *Walk 205 (Women's)*
Nov 19 – 22, 2009

Our Next Meeting

Thursday, Oct 01
Rooms 203-204
6:30 P. M.

Please bring your
Nametags and Guides

**BEACHSIDE
EMMAUS**

103 First Street SE
Fort Walton Beach,
Florida 32548

Phone: 850-243-9292
Fax: 850-243-0905

Editor's Comments

Thanks to all who attended the September Cluster meeting. While the meeting was small, we all were blessed by Mike's devotional. Let us all try to get move Beachsiders to attend cluster and don't forgot those you were will to call with a special invitation.

Thanks to Frank and Vissie Wood, Mary Lou Goodman, and Phyllis Ballew for September Refreshments. Frank and Vissie Wood, Vicki Sigler, and Nancy Hawkins will provide October Refreshments.

FwX, (Fly with Christ),
Trash

Next Walks, Flights, or Journeys:

No known Pilgrims or Butterflies for the November Walk and Chrysalis/Journey

WE'RE ON THE WEB! *NOTE THE CHANGE*

See us at: <http://www.beachsideemmaus.com>

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103 First Street SE
Fort Walton Beach, Florida 32548