

Beachside Emmaus Community, First United Methodist Church of FWB, Florida 850-243-9292

## *Emmaus Epistle* *Discipline and Discipleship*

I was reading an article recently on choices and in this article this was the statement that was made: "Success is a sum of small efforts, repeated day in and day out." The writer was saying in essence that we accomplish great things by doing small things over and over again. I believe this self-discipline is one of the most important factors in the achievement of our Christian walk as followers of Christ. Ultimately, self-discipline means being in charge of yourself.

I think self-discipline is "getting yourself to do something, even though you don't feel like it, because the reward for getting it done far exceeds the temporary unpleasantness of the task itself." So as we enter this New Year, I invite you to join me in the discipline of discipleship. Remember, if we do things only when we are in the mood, then it is no more than a hobby.

Your pastor and friend,  
James T. Ross

## *Ding's A Peal*

I am really glad that Jim said what he did about discipline and Discipleship. I know I was falling into the trap of not being disciplined in my discipleship. Like some, it was easier to not do the tough choices than to look for ways to be a disciplined disciple.

What I really was falling down on was listening to and for God's direction for my daily life. When I was in Disciple Bible Study, one of the points that someone made was that God gave us two ears and but only one mouth. Yet then why is it that we seem to always be talking to God and not listening to Him and where he would captain our ship, our discipleship.

For me when I stop listening and start talking in my prayer time, I start thinking that I am totally in charge. Jim said self-discipline is being in charge of yourself. Where I fall down is when I start acting as if I am in charge of more than myself.

So what I am trying to do is to concentrate upon God's voice nudging me along the path He has for me. I try to be just quiet in my prayer time, blocking out distracting thoughts, and for the still, small voice rather than my big arrogant one.

Thanks again Jim for helping me to look and LISTEN for Him

FwX  
Trash

## Upcoming Walks and Flights

- † *Walk 190 (Men's)*  
*Feb 14-17, 2008*
- † *Flt67/Jrny18 (Boys')*  
*Feb 21-24, 2008*
- † *Walk 191 (Women's)*  
*Mar 06- 09, 2008*
- † *Flight 68 (Girls')*  
*Mar 27-30, 2008*
- † *Walk 192 (Women's)*  
*Apr 17-20, 2008*
- † *Walk 193 (Men's)*  
*May 01-04, 2008*
- † *Journey 19 (Men's)*  
*May 15-18, 2008*
- † *Journey 20 (Women's)*  
*May 29-Jun 01, 2008*
- † *Walk 194 (Women's)*  
*Jul 03-06, 2008*
- † *Flight 69 (Boys')*  
*Jul 10-13, 2008*
- † *Walk 195 (Men's)*  
*Aug 21-24, 2008*
- † *Walk 196 (Women's)*  
*Sep 04-07 2008*

## Our Next Meeting

*Thursday, Feb 7*  
*Rooms 203-204*  
*6:30 P. M.*

*Please bring your  
Nametags and Guides*

**BEACHSIDE  
EMMAUS**

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*Editor's Comments*

.For those who missed the Christmas Party, we had a wonderful night of sharing first Christmas Carols, then the Devotional by J Lamar and the highlight for me, Holy Communion lead by Jim and Lamar. Can we have a better Christmas present the reminder of Christ broken body and spilled blood for our personal atonement.

Then came the food and fellowship with Emmaus friends. What a great present. Thanks to you all who helped with setup and for all the great food shared.

I remind to bring those new Pilgrim's/Butterflies to this coming Cluster Gathering. Pilgrim's like Robert Hawkins and Richard Dunham and from Flight 66, Milia Duggan, Rebecca Gronto, and Taylor Thrall. Help make their first Cluster Gathering a meaningful experience.

I am not certain about refreshments, so please contact Judy Arrowsmith to see if she needs help.

FwX, (Fly with Christ),  
Trash

*Next Walks, Flights, or Journeys:*

Walk 190 (Men's)	Feb 14-18	Attendee(s)	TBD
Flight 67/Journey18 (Boys')	Feb 21-24	Attendee(s)	TBD

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**WE'RE ON THE WEB!**

See us at: <http://beachside.truepath.com>

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